

Dental Care - More than Just Our Mouths

Yours and your family's oral health – the health of teeth and gums – has a major impact on your overall health. Tooth decay and gum disease may start with the mouth, but has implications on your overall health and well-being.



For children, tooth decay is the most common chronic childhood disease. When cavities and tooth decay in children are not attended to, this can lead to severe pain, behavioral problems at home and school, and even loss of school attendance days.

Adults who are not attentive to the health of their teeth and gums face a risky outcome. Besides getting cavities and chronic

bad breath, you may lose your teeth as well as the bone structure holding up your teeth. Research is also showing a link between oral health and chronic health conditions, such as diabetes and even Alzheimer's disease. These health conditions can be worsened by bad oral health.

A link also can be established between good oral health, and our sense of self and our overall quality of life. Our overall appearance is often reflected in how we see ourselves and how we are seen by others. Our speaking, smiling, and eating are important to our everyday functioning, including communication and establishing and maintaining human relationships. Poor oral health may result in our feeling insecure about ourselves, especially when we are around other people.

The best way overall way to prevent dental decay and gum disease in your children and entire family is through healthy diet choices and good hygiene habits. But you must not forget to see your dentist twice a year for teeth cleaning. Regular twice-a-year visits to your dentist will stop any tooth decay and gum loss. And your dentist will provide you with updated information on how best to maintain personal oral care.



Maintaining good dental health surely extends far beyond just our mouths. Your brighter smile would be the result of a combination of good personal oral care, eating healthy foods, regular dentist visits and feeling good about yourself!

Ravenswood Family Dentistry Welcomes You and Your Family

Our dental operations have started up after a brief pause due to COVID-19 concerns.

You may know that Ravenswood Family Dentistry had expanded in Spring 2019. Opened in 2010, our dental clinic grew from 14 to now 23 dental chairs.



Our main clinic at 1885 Bay Road still has the two dental chairs. This particular dental space is intended to treat first-time pediatric

patients, pregnant moms, and patients with urgent dental issues.

Most of our dental services are provided in a stand-alone clinic at 1807 Bay Road. It is this facility that underwent expansion in 2019. Originally with 12 dental chairs and dental support equipment, we added another 9 chairs, each located in its own fully equipped room. Each space is a single functioning unit that enables dental clinicians to complete treatment plans in one location without moving patients from room to room.

Our new dental spaces are specifically designed for pediatric patients. Sun-drenched, the spaces are brightly decorated with friendly colors and cartoon characters.

You'll find in each room an individual monitor for little patients to watch videos intended to distract them from any treatment anxieties.



Ravenswood Family Dentistry Services for Adults & Children:

- Preventive care
- Restorative and periodontal care
- Oral surgery
- General anesthesia and conscious sedation oral surgery for children with special needs
- Crowns, bridges and dentures
- Root canals and fillings
- Emergency dental services
- Oral health education

Dental Precautions During COVID19

All Patients and their Caretakers:

- Must wear facemasks.
- Will initially be screened over the phone.
- Will be screened again when entering the clinic, including being checked for your temperature.
- Must come alone for your visit unless the patient is a child or adult needing a caretaker.
- Use Dental Clinic-supplied sanitizer upon your arrival and after touching surfaces.
- May be asked to wait in your cars before your appointments. If so, please be prepared to provide your cell phone number for us to text you to come in.
- Be aware that, as with the rest of the Clinic, we practice social distancing, including preventing crowding in our waiting area.



Ravenswood Family Dentistry
Call for Appointment 650 289-7700
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Ravenswood Face Covering & Screening Requirements

The 2019 Novel Coronavirus can be spread by people who are not showing symptoms. Wearing a face covering/mask in combination with keeping a minimum of 6 feet social distancing from others may slow or prevent the spread of the virus and increase the safety of staff, patients, and the public.

All patients visiting or being treated at the clinic, as well as staff and guests must wear a face covering/mask at all our Ravenswood sites. Children 2 years of age and younger should not wear a face covering/masks due to RFHC Patient Matters, Summer 2020

risks of suffocation. Other exceptions are those who were advised by a licensed medical professional that wearing a face covering/mask may pose a risk to their health, and individuals experiencing difficulty breathing, incapacitated, or otherwise unable to remove the face covering/mask without assistance.

Patients who refuse or are unable to wear a face covering/mask will be asked to remain in their vehicles. They may be treated in their vehicles, via telephone, or telehealth platforms.

All persons entering our premises will be screened. They will be asked questions about any recent respiratory problems, and have their temperatures checked.

